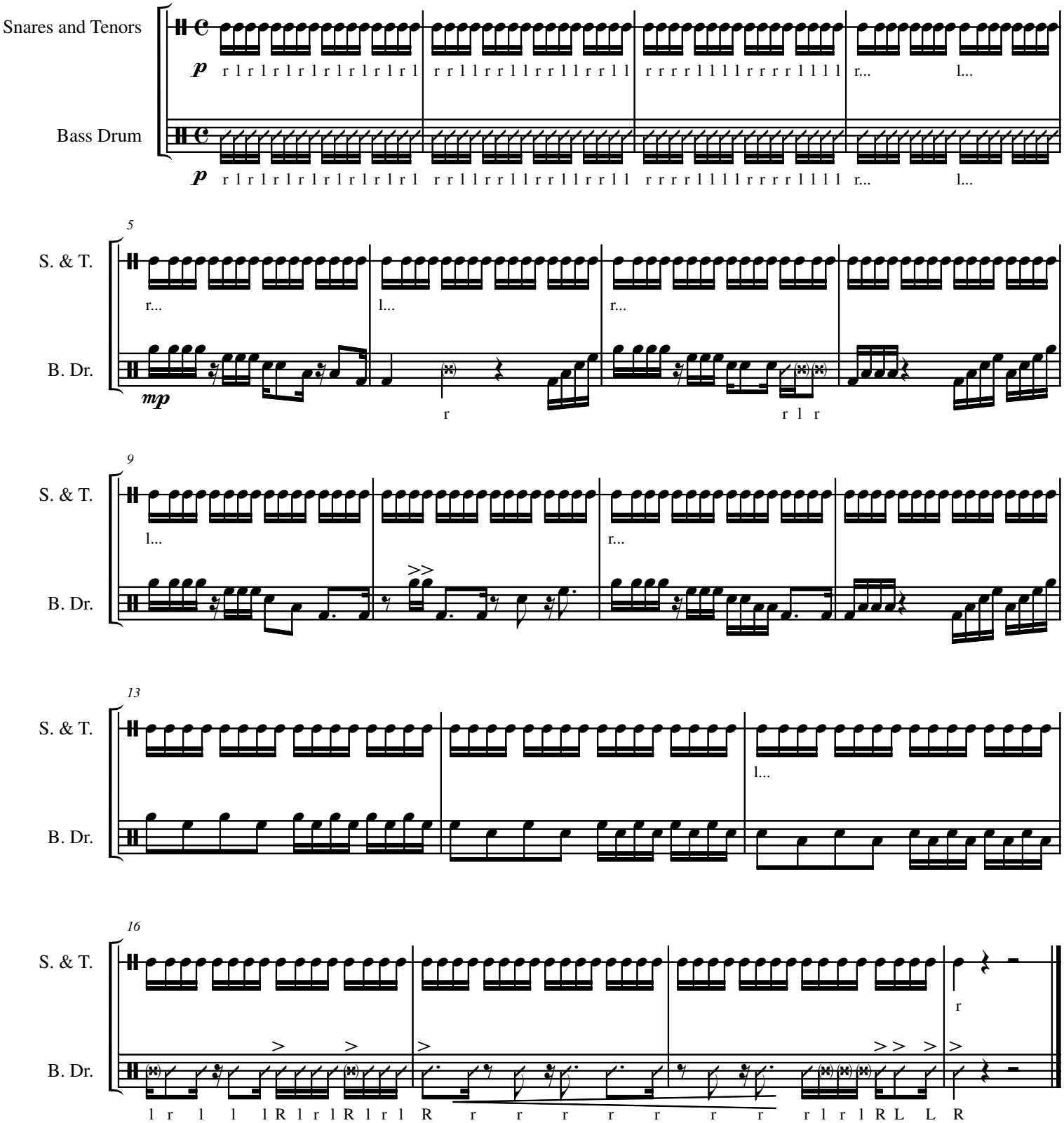
'08 Paragon 16th Pyramid

Only the wrist is utilized in this exercise, fingers do not provide any velocity to the stroke
Tenors play on drum one
Based on Murray Gusseck's 16th Pyramid

Jared O'Leary



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